

# Path to Recovery



Monthly group forming for Fall of 2010.

North Andover/Boxford area

No charge, donations welcome.

**Incorporating the 12-Step Traditions and Principles  
with the ancient Buddhist wisdom  
of Mindfulness Meditation Practice.**

All with a sincere desire to be free from damaging  
habits and addictions are welcome, including:  
food, alcohol, drugs (illegal as well as prescription),  
gambling, nicotine, etc.

Anonymity preserved. Non-denominational.

If interested, please contact Chris confidentially

(617) 759-2288